

March  
2024

# OUR COMMUNITY news

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## RESIDENTS GUIDE

Goodluck to our own Off Our Rockers RGV Dance Team, as they travel to Cypress Lakes for the finale of Cove's Got Talent!



A 55+ COVE COMMUNITY  
(352) 624-0140



Rolling Greens Village  
A COVE COMMUNITY

## ROLLING GREEN'S VILLAGE IMPORTANT CONTACT NUMBERS

AFTER HOURS EMERGENCY	(352) 456-9280
Rolling Greens After Hours	(352) 456-9280
Emergency-Sheriff/Fire/Ambulance	911
Non-Emergency Sheriff/Fire	(352) 732-9111
Marion County Animal Control	(352) 671-8700
Poison Control	(800) 222-1222

FRONT OFFICE	1901 SE 58th Avenue	
Community Business Office		(352) 624-0140
Monday – Friday 9:00 a.m. to 5:00 p.m.		
CLOSED FOR LUNCH FROM 12:00 p.m. - 1:00 p.m.		
Saturday - Sunday CLOSED		

COMMUNITY CENTER	7070 Holyoke Court	
Community Center Concierge Desk		(352) 300-1207
Monday - Friday 8:00 a.m. -10:00 p.m.		
CLOSED FOR LUNCH FROM 12:00 p.m. - 1:00 p.m.		
Saturday - Sunday 8:00 a.m. - 10:00 p.m.		

CONCIERGE HOURS
Monday - Friday 9:00 a.m. - 5:00 p.m.
Saturday - Sunday 8:00 a.m. - 1:00 p.m.

PRO SHOP	1415 West Gleneagles Road	
Pro Shop		(352) 624-0511
DESK HOURS		
Monday - Sunday 7:00 a.m. - 4:00 p.m.		

**NEW AFTER HOURS EMERGENCY NUMBER:**  
**(352) 456-9280**



# Happy St. Patrick's Day RGV!

## Before You Leave

- Just a friendly reminder before you leave to go back up north, please make sure that debris and items are not left outside. This is in case we get a hurricane in the 2024 hurricane season. Loose items can be deadly in high winds.
- Please have someone watch and maintain your home, including flowerbeds, power washing, yard maintenance, and securing your property while you're away. I also suggest turning off your water shut off valve, preventing water damage inside your home.
- Please stop by the office and fill out the EXTENDED ABSENCE form for our courtesy patrol. At the same time, we will change your address in our computers to your northern address, forwarding mail if requested.
- Please make sure we have an accurate phone number and updated emergency contact info. You have no idea how many CONTACT numbers we do not have. This is in your best interest.

## Political Arena

- Rolling Greens will not participate in anything political. Hosting our voting precinct is as political as we get. We choose to remain out of this arena due to the high emotions of the topic. Please do not ask us if we will help in this area. We will not. This is the safest and best way for us to support everyone, no matter your political views. We do not need any more divide in our community. Please keep it respectful and respect everyone's opinions.

## Community Garden

- In March 2024, we will be converting the community garden into a small dog park and parking area for our maintenance building. We need to do a few things to make it a dog park, but we plan for it be completed by the end of March.



## **ROB FABER** **PRO SHOP ASSOCIATE**

I'm excited to announce that Rob Faber has been named the employee of the month, and I wanted to take a moment to congratulate him on this amazing achievement! Originally from Reno, Nevada, Rob attended the University of Nevada and has worked at some of the most prestigious clubs, including Montreux Golf and Country Club, Andalusia Golf and Country Club, and Castle Pines Golf Club. Since 2014, he has been teaching for the global leader in golf lessons, where his passion for teaching has led him to mentorships and teaching seminars with many of the industry's top 100 teachers. He is also a certified club fitter, having completed over 500 club fittings and taught more than 10,000 lessons to players of all ages and skill levels.







# Stay & Play

**Rolling Greens Village invites your family and friends to our community. If they are interested in purchasing a home but want to make sure the lifestyle is for them, please contact our Sales Office at (352) 624-0022**



**Rolling Greens Village**  
ACOVE COMMUNITY



## **HOA NEWS**

Great News! The HOA has opened an escrow account with corporate attorney, Bradford Tropello, Judicious Law, P.A. of Ocala. Mr. Tropello advised that RGV HOA has no authority to approve or contest golf fees as fees are detailed in the prospectus. Tropello encouraged residents to consult personal attorneys regarding conflict with consumer protection laws. Accordingly, the HOA will remain silent on the issue. If golf fees are unreasonably increased in the future, the board of directors could request negotiation at that time.

December's new directors Rick Scott, Tim Masters and Bob Wroblewski completed the FMO training conducted on February 7th. Bob Senge completed the refresher course since his service as HOA director.

HOA President, Dianne Wieckert will attend the Marion County Sheriffs' 7 week Citizens Academy Program to develop a better working relationship with the Sheriffs' Office on behalf RGV. Deputies do much more than respond to traffic accidents and arrest criminals, and the course will provide the board with knowledge of varied services.

Four members of the HOA were appointed to serve as Rolling Greens representatives to our local FMO district, which is steadily decreasing. The decrease is a concern as we rely on FMO advocates in Tallahassee to assist in pushing desired legislation or objections to adverse legislation as it effects residents of 55+ mobile home parks.

Charles Pennington, Mike Loewenstein, Rick Scott and Dianne Wieckert will attend the monthly meetings held at various mobile home parks, providing RGV valuable information and dialogue with local MH parks.

The FMO is our voice in Tallahassee so we encourage all RFV residents to pay the \$30/year dues to help prevent unwanted changes. An application form is included in this issue of the newsletter. If you want to know more about the FMO membership and benefits, go to [FMO.org](http://FMO.org) online. The legislative updates and "Watchdog" publication alone are well worth the \$30 membership.  
(turn to next page)



# FMO Membership Application



SAVE A STAMP! You can join on the FMO Website - [www.fmo.org](http://www.fmo.org)



SCAN THE QR CODE TO  
COMPLETE THE  
APPLICATION ONLINE

- ☐ One Year FMO Membership for \$30 (US Funds)
- ☐ Three-Year FMO Membership for \$75 - Best Value (US Fund)
- ☐ One-Year FMO Associate Membership for \$30 (US Fund)
- ☐ \*New Application
- ☐ \*Renewing Application

**Note: Fields with \* are required PLEASE PRINT LEGIBLY**

Date: \_\_\_\_\_

\*Name: \_\_\_\_\_

Co-Member: \_\_\_\_\_

\*Florida Address: \_\_\_\_\_

\*City, Zip: \_\_\_\_\_

\*Email Address: \_\_\_\_\_

\*Phone: ( ) \_\_\_\_\_

Home Phone ☐ Cell Phone ☐

\*Opt-In for Text Messaging Updates: ☐ Yes ☐ No

\*Deliver FMO Magazine by: ☐ Email ☐ Mail

\*Would you like to make a donation to FMO? ☐ YES ☐ NO

Amount Enclosed: \$ \_\_\_\_\_

To pay with credit card:

☐ MasterCard ☐ Visa ☐ Discover ☐ AMEX

Total amount to be charged: \$ \_\_\_\_\_

Card # \_\_\_\_\_

C V V on back \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

DISTRICT	COUNTY	SECTION
District 1	Polk	E
District 2	Pinellas	A
District 3	Lake	F
District 4	Indian River, St. Lucie, Okeechobee and Martin	G
District 5	Manatee	B
District 6	Desoto, Hardee, Highland, and Glades	E
District 7	Charlotte, Lee, Collier, and Hendry	B
District 8	Sarasota	B
District 9	Brevard	G
District 10	Hillsborough	A
District 11	Pasco	A
District 12	Miami-Dade, Brower, and Monroe	D
District 12-A	Palm Beach	D
District 13	Marion	F
District 14	Volusia and Flagler	C
District 15	Bradford, Clay, Nassau, Duval, and St. Johns	H
District 16	Seminole, Orange, and Osceola	C
District 17	Citrus, Hernando and Sumter	A

Park Name: \_\_\_\_\_

County: \_\_\_\_\_

District Number: \_\_\_\_\_

Section Letter: \_\_\_\_\_

## PLEASE NOTE

Your membership cards can be printed online at [www.fmo.org](http://www.fmo.org) after signing into your member record.

Please contact your **District President** or your **Section Director** for questions regarding HOA-related inquiries.

FMO Headquarters

222 S. Westmonte Dr, Ste 111, Altamonte Springs, FL 32714

Email: [members@fmo.org](mailto:members@fmo.org) | Phone: 321 214-4300





**TRU VI**  
lifestyle

TRAVEL

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## Local help with your Medicare questions.



**Carolee Turner**  
Licensed Sales Agent  
**352-454-7907, TTY 711**



Y0066\_23SPRJ55188\_C



**BASELINE**  
MARKET

**Thomas Newton**  
*Licensed Life & Health Insurance Agent*  
*Rolling Greens Resident*



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# GOLF NEWS



PRO SHOP HOURS  
MONDAY - SUNDAY  
7:00 A.M. - 4:00 P.M.  
(352) 624-0511

## League Times

Tuesday - Friday Leagues: shotgun start at 8:00 A.M.

## Tournament Times

Tournaments: shotgun start at 8:00 A.M.

Entry fees vary with each tournament.

1st Saturday Tournament: residents will sign up as an individual, and a team will be put together for you.

3rd Saturday Tournament: residents can sign up as a single or with a team of your choosing.

## Golf Cart Information

If you are interested in renting a golf cart for your round of golf, please call or stop in to make sure a cart is available. Golf carts can be rented for use on the golf course ONLY.

Cart fees are \$10.

## Leagues and Tournament Information

If you are a new homeowner who would like to start playing in our leagues and tournaments, you will need a handicap. Handicap accounts cost \$10 annually. You will need 5 scores in to have an accurate handicap. For all leagues, in the Pro Shop on the back table, we have sign-up sheets where you need to write your name down to play for each league. The morning of the league, you will sign in at the back table. There will be a person who is running the league who will get you set-up.



# Happy St. Paddy's RGV!

This past month we took a group to play a Home vs. Home match to Big Cypress in Lakeland. The golf course was in great shape, the greens at speeds that most guys were not accustomed to. Overall, everyone had a great time, and staff there could not have been nicer. The sad part is that we came up a little short and lost by 5 points. We are in planning stages for their group to come up here so we can extract some sweet revenge.

A lot of members and guests are showing up in denim, which is not appropriate golf attire, so golf staff has been instructed to refuse you the right to play. It is in the rules and regulations. Please don't be that person! Several golfers are taking advantage of the cart rules. Unless you have a handicap flag on your cart, it is cart path ONLY on par 3's and 90 degrees on par 4's. A handicap flag doesn't permit you to drive up on the back of tee boxes on the apron of the green. Even with a handicap flag, there are specific rules. You must stay at least 6 feet for any tee box and green apron.

Please help us all take care of OUR golf course. Please fix your divots and ball marks.

Thank you from the Pro Shop

## Greens News

The leaves are mostly fallen, and new leaves will start growing earlier and earlier. March is when the overseed to Bermuda grass begins. The appearance of the greens, tees, and fairways change and they look and play a little different until the transition is complete about mid-June. Change is the constant, as always, in progress and nature. I wish you all a good round when you are out there.

Robert Parmar & Rob Faber  
are now offering golf  
lessons:

The pricing for lessons is as  
listed below:

Private Lesson:

- \$40 for ½ hour
- \$70 for 1 hour

\*3/½ hour Lessons: \$100

Group Lessons:

- \$35 per person for ½ hour  
(MAX 5 People)
- \$65 per person 1 hour  
(MAX 5 People)

Homeowner Private Lesson:

- \$35 for ½ hour
- \$65 for 1 hour

\*3 Lessons: \$95 for 3@½ hour

Homeowner Group Lessons:

- \$30 per person for ½ hour  
(MAX 5 People)
- \$60 per person 1 hour  
(MAX 5 People)

\*If you purchase 3 golf lessons, they MUST be used within 30 days. Otherwise, you forfeit your remaining lessons.

## Golf Ball Dispenser

Small Basket - Holds 30 balls  
The cost is \$2.00

Medium Basket-Holds 60 Balls  
The cost is \$4.00

Large Basket - Holds 90 Balls  
The cost is \$6.00

# GEORGE WATKINS

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- Acrylic Windows

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CRC #1330701

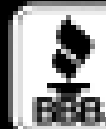


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- ACTIVITIES SCHEDULE
- COMMUNITY CONTACTS
- DIRECTORY
- COMMUNITY INFO AND MAP
- NEARBY ATTRACTIONS
- AR SCAVENGER HUNTS
- AND MORE!



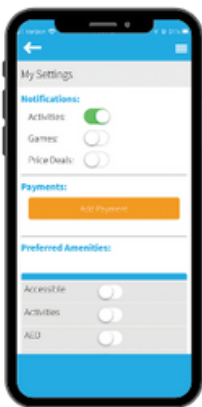
**TO GET CONNECTED, FOLLOW THE INSTRUCTIONS BELOW  
HOW TO DOWNLOAD:**

**DOWNLOAD THE CAMPERS APP FROM THE  
APPLE OR GOOGLE PLAY STORE**

**SELECT THE PROFILE ICON IN THE BOTTOM LEFT OF THE SCREEN.**

**ENTER LOGIN CODE: RGV**

**ENJOY THE NEW, FEATURE-RICH DIGITAL EXPERIENCE, WHICH IS SURE TO  
MAKE LIVING AT ROLLING GREENS VILLAGE EVEN MORE AMAZING!**



### **TURN ON NOTIFICATIONS**

**TO RECEIVE ACTIVITY NOTIFICATIONS AND ALERTS FOR EVENTS AT  
ROLLING GREENS VILLAGE, PLEASE FOLLOW THE INSTRUCTIONS BELOW:**

**CLICK: PROFILE ICON IN THE BOTTOM LEFT OF SCREEN**

**CLICK: MY ACCOUNT BUTTON**

**CLICK: SETTINGS BUTTON**

**TOGGLE NOTIFICATIONS THAT YOU WOULD LIKE TO RECEIVE  
ACTIVATE THE ACTIVITY ALERTS, TO GET NOTIFICATIONS  
15 MINUTES BEFORE ACTIVITIES START**



**Rita Collins**

Independent Agent

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Office | 352-433-1102  
Fax | 352-351-0271  
Rcinsuranceinnovations@yahoo.com



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### FUN Friday DJ Bingo

Friday, March 1st

6:00 p.m.

Located in the Clubhouse

### United Healthcare

Tuesday, March 5th

9:00 a.m.

Located in the Community  
Center

### Community Yard Sale

Saturday, March 9th

8:00 a.m. - 2:00 p.m.

Throughout the Community

### Makeup Class

Tuesday, March 12th

2:00 p.m. - 3:00 p.m.

Located in the  
Multi-Purpose Room

### Wine Down Wednesday

Wednesday, March 13th

4:30 p.m.-5:30 p.m.

Located in the Community  
Center

### Cove's Got Talent Finale

Thursday, March 14th

TIME TBD

Cypress Lakes Village

## Happy St. Patrick's Day RGV!

Welcome to the newest issue of the monthly RGV Newsletter. Let me begin by saying welcome to all the new residents who have recently moved in, and to the snowbirds who are migrating back for the season. Welcome! We encourage all new residents to find their way to the Community Center once you are settled in so you can meet the Lifestyles team. We would love to introduce ourselves in person and address any questions or concerns you may have about the program. We have a lot of fun events coming up that we know you are going to love!

### COVE Event Defined

- A Cove event is an event that COVE is sponsoring. If a resident ambassador would like to host an event that falls under a cove event, the ambassador host will schedule a meeting with the lifestyles manager two months in advance to fill out the event planning sheet.

### Lifestyle Supplies

- Did you know the lifestyles team monitors and supplies the equipment at the pools, courts, billiards room, etc.? If you notice anything that requires fixing or replacing or have a suggestion please stop by the desk.

### Work Orders

- The lifestyles team is not responsible for putting in work orders, however, if you call down to the desk we will happily transfer you to the front office or if you let us know something is not in working condition we will send the front office and email to place the work order.



# MARCH



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <u>FUN Friday DJ Bingo</u> Friday, March 1st 6:00 p.m. Located in the Clubhouse	2
3	4	5 <u>United Healthcare</u> Tuesday, March 5th 9:00 a.m. Located in the Community Center	6	7	8	9 <u>Community Yard Sale</u> Saturday, March 9th 8:00 a.m. - 2:00 p.m. Throughout the Community

10	11	12	13	14	15	16
		<u>Makeup Class</u> Tuesday, March 12th 2:00 p.m. - 3:00 p.m. Located in the Multi-Purpose Room	<u>Wine Down Wednesday</u> , March 13th 4:30 p.m.-5:30 p.m. Located in the Community Center	<u>Lifeline Screening</u> Thursday, March 14th 8:00 a.m. - 5:00 p.m. Located in the Clubhouse <u>Cove's Got Talent Finale</u> Thursday, March 14th TIME TBD Cypress Lakes Village		
17	18	19	20	21	22	23
<u>St. Patty's Day. Poker/Beer Run</u> Sunday, March 17th 6:00 p.m. - 8:00 p.m. Located in the Clubhouse		<u>Managers Q &amp; A</u> Tuesday, March 19th 5:30 p.m. - 6:30 p.m. Located in the Community Center	<u>Hospice Fashion Show</u> Wednesday, March 20th 1:00 p.m.-4:30 p.m. Located in the Clubhouse	<u>Resident Social - Mardi Gras</u> Thursday, March 21st 6:00 p.m. - 9:00 p.m. Located in the Clubhouse		
24	25	26	27	28	29	30
					<u>Ambassador Meeting.</u> <u>New Resident Social</u> Friday, March 29th 1:30 p.m. - 2:30 p.m. Located in the Clubhouse	

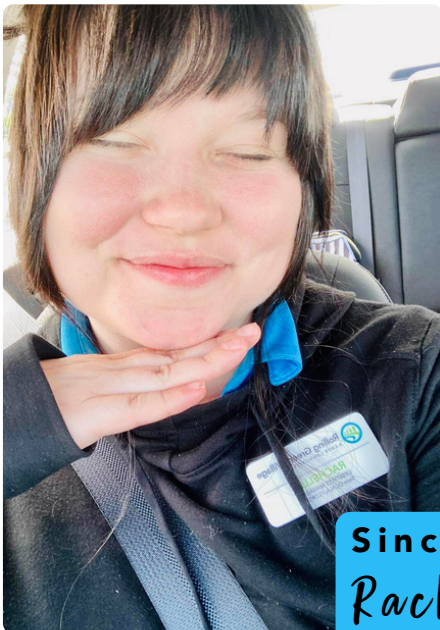


### Lifestyle Housekeeping Updates

- RGV, we do have a housekeeping team on staff. Their role is to maintain the property, not to clean up after each individual resident. Our housekeepers work very hard to keep your community clean, so please do the minimum, and just pick up your own personal trash at events, card games, or even just hanging out in the Community Center. We ask that you please use plates and napkins to hold your food so you aren't placing the food directly on our tablecloths. RGV purchased two cleaning carts for residents to use, so please use them. We aren't asking you to deep clean anything but to clean up after yourself, please.

### Ambassador Program

- Are you interested in teaching a class, hosting an event or supporting the lifestyles team? Stop by the desk we would love to share with you opportunities for you to support the lifestyles program here at RGV.



**Sincerely,**  
*Rachelle King*  
**Lifestyles Manager**

### Lifeline Screening

Thursday, March 14th

8:00 a.m. - 5:00 p.m.

Located in the Clubhouse

### St. Patty's Day Poker/Beer Run

Sunday, March 17th

6:00 p.m. - 8:00 p.m.

Located in the Clubhouse

### Managers Q & A

Tuesday, March 19th

5:30 p.m. - 6:30 p.m.

Located in the Community Center

### Hospice Fashion Show

Wednesday, March 20th

1:00 p.m.-4:30 p.m.

Located in the Clubhouse

### Resident Social - Mardi Gras

Thursday, March 21st

6:00 p.m. - 9:00 p.m.

Located in the Clubhouse

### Ambassador Meeting

New Resident Social

Friday, March 29th

1:30 p.m. - 2:30 p.m.

Located in the Clubhouse

## AMBASSADOR PROGRAM



### Resident Spotlight

#### The Crills

Helen Epperson is our Ambassador of the month. Helen has hosted multiple successful events including most recently the Sweetheart Casino Night. Working with Helen is always a pleasure because she has so many ideas to play with and is willing to go even more outside the box to make her event special for her neighbors. We are thankful to Helen for all her hard work and look forward to future events hosted by Helen.



### Resident Spotlight

#### The Crills

Lida Wallace is our resident of the month. Lida has been involved in the lifestyles program for as long as she has lived here and continues to support the lifestyles team in everything we do. Lida is a resident who takes advantage of all the activities, events, and programs at RGV and without this kind of support we wouldn't have new residents joining. Lida is our own social butterfly and is always encouraging residents to step out of their comfort zone and try something new. We are thankful to have Lida as a resident in RGV.

### Benefits of Being an Ambassador

- Meet new people
- Get out and enjoy the community
- There's something for everyone
- All voices are welcome
- Ambassador hosts will receive a comped ticket for the event they host.
- Annual Thank You Dinner, this year we will have a 3 course meal catered in.
- Thank You gifts throughout year.
- New Resident Wine Socials.



**BRIDGE SCORES****MONDAY****January 8**

1st Keith Briggs  
2nd Vinnie Bianchi

**January 15**

1st Don Hall  
2nd Keith Briggs  
3rd Dee Brigs

**January 22**

1st Ron Regel  
  
2nd Keith Briggs  
3rd Dee Brigs

**January 29**

1st Fred Bollinger  
2nd Cheryl Davis

**WEDNESDAY****January 3**

1st Fred Bollinger  
2nd Lyn Miller

**January 10**

1st Bunny Osbrink  
2nd Fred  
Bollinger

**January 17**

1st Cheryl Davis  
2nd Ron Regel

**January 25**

1st Glen Piper  
2nd Keith Briggs  
3rd Cheryl Davis

**January 31**

1st Cheryl Davis  
2nd/tie Ron Rigel  
Keith Briggs  
4th Greg Massioli

**CRIBBAGE  
SCORES****January 31**

1st Bill Calkins  
2nd Anne Quinlivan  
3rd - Mike Dunning  
4th Joe Jutras

**Hi Hand****Kathy Wasielewki****HI Crib****Bill Calkins****February 7**

1st Richard Easton  
2nd Bill Calkins  
3rd Flo Gustafson  
4th Anne Quinlivan

**Hi Hand****Gary Clark****HI Crib****Anne Quilivan**





## **RGV Library Corner** **by Barbara Critchfield**



It's almost the end of February and I'm sure everyone is looking forward to warmer weather. The trees are starting to bud and the pollen is starting to cover our cars. Can Spring be far behind? It's time to start refreshing your landscaping and thinking about planting new flowers and even some of your favorite vegetables. The library has lots of books to help you with new landscaping ideas, whether you're interested in brightening up your yard with colorful annuals or refreshing your perennial gardens. Stop by the library and browse through the gardening books for new ideas. I'll have some helpful gardening books on a table in the lounge area for you to choose from at your leisure. If you have some seed packets that are still viable for this spring that you won't be using, drop them off on the cart in the library to share with your neighbors.

Start looking for some green attire so you'll be ready to get in the spirit for St. Patrick's Day on March 17. The color green might show up not only in green beer, but also on shamrock shaped cookies this time of year. I'll be choosing some books written by Irish authors so you can read a few tales from the old country during March. The books by Irish authors will be on a table in the lounge area. I hope you'll find them interesting.

The Community Yard Sale is coming up on Saturday, March 9. Mark your calendars and start getting ready. Put all your bargains and treasures out in your own driveway or carport from 8:00 AM to 2:00 PM. There's no charge to participate and no sign up is necessary. Look for the poster in the Community Center and in this newsletter. It's open to the public, advertised locally and guaranteed to be a great day for sellers and buyers! Tell all your friends.

The Hospice Fashion Show was a great success last year and is coming back again on Wednesday, March 20. It's 1:30 to 4:30 PM in the Community Center and features several of our ladies and gentlemen as models. Delicious treats will be provided and Hospice is bringing clothing and accessories. Please visit the ladies on the Lifestyles team at the desk to sign up and get your \$10 ticket. There is a poster in the Community Center and in this newsletter with all the details.

Invite all your friends to the Hospice Fashion Show.

Let's all wish Joe Quinlivan a Happy Birthday on February 28, even though he's a leap year fellow who only ages every four years. Happy Birthday, Joe!

Stop by the library to borrow a book, puzzle, music or a movie or just to chat with friends-

See you in the library.



## **Rolling Greens Village Wood Shop**



\$25 Initiation fee upon joining and \$30 per year membership.

Monthly meetings on the 2nd Tuesday of the month @ 9:00 am. Feel free to join us on February 13th for our next monthly meeting or stop by the Community Center Concierge's Desk for an information packet and application.

A collection of various items including clothing, shoes, a hat, a scooter, a bag, a beach ball, and a hat, all arranged around a central cardboard box, suggesting a variety pack or a collection of items.

## Throughout the Community



## Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



### All 4 Screenings for \$149

#### Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

#### Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.<sup>1</sup>

#### Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

#### Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.<sup>2</sup>

**We will be in your neighborhood soon on Thursday, March 14, 2024 at Ocala - Rolling Greens Village A Cove Community**

### Get your special Community Circle pricing!

**Three ways to register and receive the special discount:**

**Call toll-free: 1-800-679-5191**

**Online: [LLSA.SOCIAL/HC](https://llsa.social/hc)**

**Text: the word [circle](https://llsa.social/hc) to 216-279-1607**



**Getting Screened is Simple!**  
**Painless, non-invasive, keep your clothes on.**



<sup>1</sup> <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

<sup>2</sup> <https://www.heart.org/en/health-topics/atrial-fibrillation>

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare.



MARCH 12 TH



Hey Ladies  
Let's do  
Lunch

Tuesday  
12:30 p.m.

Mimi Cafe  
4414 SW College Rd  
Ocala, FL 34474

Phone: (352) 291-8668



[www.mimiscafe.com/locations/Ocala](http://www.mimiscafe.com/locations/Ocala)

- Let's Eat -

Alice Sames-Hobbs 267-879-9385  
alicesames62@gmail.com  
Mary Gwozdz 518-368-1780  
migwozdz@gmail.com

Must RSVP by 3/11/2024  
sign up sheet in the  
community center





# Fashion Show

## BENEFITING HOSPICE

Wednesday, March 20th  
1:30 p.m. - 4:30 p.m.

The Fashion Show is back, and we are excited to invite RGV to be a part of this great fundraiser hosted by Barbara Critchfield. RGV residents will model fashions from the hospice thrift store which will be available for purchase including racks of clothes and the centerpieces. Hospice asks though that you please bring cash or check. Tickets can be purchased at the concierge desk. Desserts will be sponsored by IMA Medical Group. Additional donations are always appreciated.

THE LAST DAY TO PURCHASE A TICKET WILL BE WEDNESDAY, MARCH 13TH

Located in the Clubhouse





## Painting Class

with  
Linda Lee



### "Life's a beach"

Acrylic Painting  
March 7th|6:00 p.m.  
West Clubhouse  
Call Linda Lee Krebs to reserve  
your spot  
(352) 229-0666  
A relaxing, fun class  
that teaches painting  
techniques!  
Always Leave with a  
completed work of art!

## Painting Class

with  
Linda Lee



### "Sunrise"

Painting on a tote

March 11th|9:00 a.m.  
West Clubhouse

Call Linda Lee Krebs to reserve  
your spot  
(352) 229-0666  
A relaxing, fun class that teaches  
painting techniques!  
Always Leave with a completed  
work of art!

## Painting Class

with  
Linda Lee



### "Pour Some Wine"

Acrylic Painting  
March 29th|6:00 p.m.  
Clubhouse  
Call Linda Lee Krebs to reserve  
your spot  
(352) 229-0666  
A relaxing, fun class that teaches  
painting techniques!  
Always Leave with a completed  
work of art! This class is open to  
couples or to a "couple" of  
friends. This event is B.Y.O.B.

## Painting Class

with  
Linda Lee



### "Butterfly on a daisy"

Acrylic Painting

March 25th|9:00 a.m.  
West Clubhouse

Call Linda Lee Krebs to reserve  
your spot  
(352) 229-0666  
A relaxing, fun class that teaches  
painting techniques!  
Always Leave with a completed  
work of art!

## Painting Class

with  
Linda Lee



### "Moonlight"

Acrylic Painting

April 4th|6:00 p.m.  
West Clubhouse

Call Linda Lee Krebs to reserve  
your spot  
(352) 229-0666  
A relaxing, fun class that teaches  
painting techniques!  
Always Leave with a completed  
work of art!

## EXPRESS YOURSELF



### "Easter Centerpiece"

Instructed by Cynthia Marcello

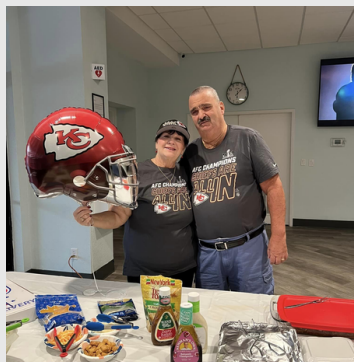
March 20th | 3:00 P.M. - 5:00 P.M.

Multi-Purpose Room



# LIFESTYLE - PHOTOS

# SAY CHEESE



# March 2024

## Sunday

8:00 a.m. Open Golf (GC)  
10:00 a.m. Community Church (CH)  
3:00 p.m. Hand & Foot Card Game (CR)  
3:30 p.m. Back Alley (WCH)  
Third Sunday of the Month  
7:00 p.m. Ping Pong (CH)

## Saturday

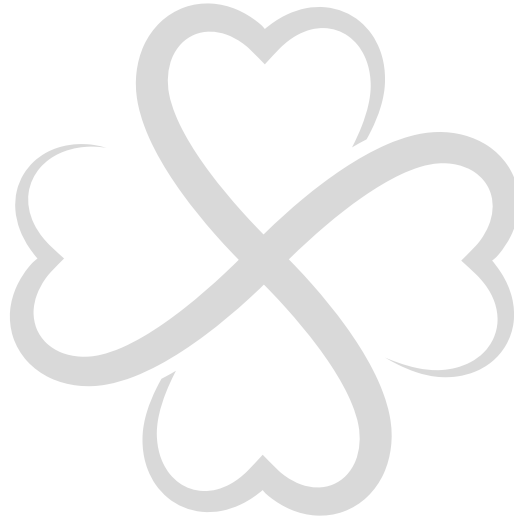
9:00 a.m. Pickleball (SC)  
11:00 a.m. Rummikub (CR)

## Friday

8:00 a.m. Open Golf (GC)  
9:00 a.m. Stretch n' Tone (CH)  
10:00 a.m. Water Aerobics (P)  
11:00 a.m. Aqua Zumba (P)  
1:00 p.m. 313 Cards (CR)  
1:00 p.m. Quilters (WCH)  
1:00 p.m. Beginner's  
Euchre (MPR)  
3:15 p.m. Mahjongg (CC)  
5:30 p.m. Texas Hold 'Em  
Tourney (WCH)  
6:00 p.m. Water Volleyball (P)

## Monday

9:00 a.m. Stretch n' Tone (CH)  
9:00 a.m. Pickleball (SC)  
10:00 a.m. Step N Stretch (CH)  
10:00 a.m. Water Aerobics (P)  
11:00 a.m. Zumba Gold (CH)  
1:00 p.m. 313 Cards (CR)  
6:00 p.m. Bridge (CR)  
6:00 p.m. RGV Dance Team 2nd Practice (CH)  
7:00 p.m. Cornhole (SC)  
7:00 p.m. Step N Stretch (CH)



## Thursday

8:00 a.m. Couples Golf (GC)  
8:30 a.m. Sweatin' to the Oldies (MPR)  
Seasonal  
9:00 a.m. Pickleball (SC)  
9:00 a.m. Shuffleboard (SC)  
9:30 a.m. Yoga (MPR)  
10:00 a.m. Bible Study with Paul Corrad (CR)  
10:00 a.m. Prayer Group w/ Pat Greene (WCH)  
2nd & 4th Thursday  
11:00 a.m. Virtual Spanish Class  
12:00 p.m. Pinochle (CC)  
12:00 p.m. Bingo-Card (MPR)  
1:00 p.m. Ceramics (WCH)  
1:00 p.m. Pay Me the Money (WCH)  
3:30 p.m. Whiffle Ball Co-Ed (SC)  
6:00 p.m. Euchre (CR)  
6:00 p.m. RGV Musicians Practice (CH)

## Tuesday

8:00 a.m. Ladies Golf (GC)  
8:30 a.m. Sweatin' to the Oldies (MPR)  
Seasonal  
9:00 a.m. Shuffleboard (SC)  
9:30 a.m. Yoga (MPR)  
10:00 a.m. Bible Study w/ Pat Greene (CR)  
10:00 a.m. Bible Study w/ Patricia (WCH)  
10:30 a.m. Bingo (CH)  
11:00 a.m. Billiards (CC)  
11:00 a.m. Chair Yoga (MPR)  
1:00 p.m. Poker - Dealer's Choice (WCH)  
1:30 p.m. Mexican Train (CR)  
4:00 p.m. Virtual Spanish Class  
4:00 p.m. Ping-Pong (CH)  
6:00 p.m. Euchre (CR)  
6:00 p.m. Bowling (OP)  
6:00 p.m. Poker (WCH)  
6:00 p.m. RGV Musicians Practice (CH)  
6:00 p.m. Support Group (MPR)  
2nd Tuesday of the month

## Wednesday

8:00 a.m. Men's Golf (GC)  
9:00 a.m. Horseshoes (SC)  
9:00 a.m. Pickleball (SC)  
9:00 a.m. Stretch n' Tone (CH)  
9:00 a.m. Bocce Ball  
10:00 a.m. Bible Study (CR)  
10:00 a.m. Water Aerobics (P)  
11:00 a.m. Book Club (MPR)  
First Wednesday of the Month  
11:00 a.m. Zumba (CH) Seasonal  
12:00 p.m. Virtual Spanish Class  
12:30 p.m. Bridge (CR)  
1:00 p.m. Mexican Train (WCH)  
6:00 p.m. Cribbage (CR)  
6:00 p.m. Poker-Omaha (WCH)  
6:00 p.m. BUNCO (CR)  
First Wednesday of the Month  
6:00 p.m. Dance Team (CH)

The recurring activities are the ones that are always on the calendar.

We ask that if you notice an activity has little to no participation or there is an error as far as the time or location of an activity, please reach out to the Lifestyles Concierge desk by calling 352-300-1207.

Club House (CH) Community Center (CC) Card Room (CR) Multi-purpose Room (MPR) Off Property (OP)  
Sports Complex (SC) Golf Course (GC) Pools (P) West Club House (WCH)



# **Are You Prepared?**

## **End of Life Seminar**



**Free**

**Wednesday, March 27th**

**1:30 p.m. - 3:00 p.m.**

**Located in the Clubhouse**

Learn the Facts about Funeral & Cremation Planning w/ No Sales Pressure. Save thousands over traditional funeral homes! Terri Passaro and her front office team have put together a folder for each resident who signs up. Baldwin Funeral Services, Dean and Dean Attorneys and the front office will be speaking at this seminar. Get prepared! You can sign up at the concierge desk. This is free for everyone to participate in.



**Rolling Greens Village**



# Congratulations



Home of  
the Month

Bill & Lisa Crossley  
6710 B Lakewood



Surprise &  
Delight

Dana Cornell

Dear Judy, I would like to nominate Dana Cornell for the surprise and delight. Dana created the RGV challenge to the delight of many RGV residents. It's a creative and entertaining daily post on the Residents of Rolling Greens Community Forum. He has put a lot of time and effort into taking hundreds of photos around the community to share in these challenges. While some of the challenges we guessed quite easily, others take some thought and/or involve detective work like counting driveways, trees, or flags. The year, month or time of day and even the angle of the shot can come into play on various challenges. I have been known to hop in my golf cart with my trusty sidekick Leonard looking for clues in the hopes of being the first resident to chime in with the correct answer of the day. It's fun and interesting way to learn about RGV. At the time of writing, Dana had posted RGV challenge 276.

Thank you Dana! Keep the challenge going!

If you would like to nominate a fellow resident for

Home of the Month or Surprise & Delight,

please e-mail Judy Crites at [judycrites@gmail.com](mailto:judycrites@gmail.com) Prizes for Home of the

Month/Surprise & Delight will be given at the following Wine Down Wednesday.