SEPTEMBER 2025



- Important Numbers
- Manager's Corner
- Lifestyles Corner
- Special Events
- Special Articles
- Getting Fit/Games



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Resident Fun























The Meadows. A 55+ Community

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ORGENTY:















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SENIOR FITNESS











BUNCO FUN

We play every 2nd and 4th Wednesday of each month @ 6p.m. in the clubhouse. Danice Leal and Nancy Titus are your hosts. We can play with up to 16.

Bring \$5 to play.

THE MEADOWS' BOOK CLUB

(CURRENTLY NOT MEETING, TILL CAROL COMES HOME)
FEEL FREE TO PICK UP A BOOK AT THE LIBRARY.

The Meadows' Book Club is scheduled to meet every 2nd and 4th Tuesday of the month, at Carol Krishbaum's home at 446 Cary Lane. Everyone is invited to attend and bring a snack. We will be discussing our latest book.

The first meeting of each month is just a get together with some sweet treats and tea or coffee. At the second meeting of the month, we discuss our current book. Please feel free to bring books in and take them out of the library

New members are always welcome!

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SURPRISE AND DELIGHT

This month's Surprise and Delight
was awarded to Steve Zahn.
We see Steve out every day helping
residents, he is always there lending
a hand when needed. Thank you
Steve for everything you do around
the community. You are appreciated
by all



Recognition at The Meadows

YARD-OF-THE-MONTH

Congratulations

The House of The Month goes to Paul & Goldie Veihman Cary Lane. They have done a beautiful job with thier plants and decorations, and always having thier yard look nice. Great Job!!



Hurricane Season is June 1st to November 30th

Recommended Items to Include in a Basic Emergency Supply Kit

- ☐ Water and non-perishable food for several days
- ☐ Extra cell phone battery or charger
- ☐ Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
- ☐ Flashlight and extra batteries
- ☐ First aid kit
- ☐ Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- ☐ Whistle to signal for help
- ☐ Moist towelettes, garbage bags and plastic ties for personal sanitation Non-sparking wrench or pliers to turn off utilities
- ☐ Can opener (if kit contains canned food)
- ☐ Local maps



Additional Items to Consider Adding to an Emergency Supply Kit:

- ☐ Prescription medications and glasses
- ☐ Infant formula and diapers
- ☐ Pet food, water and supplies for your pet
- ☐ Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container
- ☐ Cash and change
- ☐ Emergency reference material such as a first aid book or information from www.ready.gov
- ☐ Sleeping bag or warm blanket for each person.
- ☐ Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes.
- ☐ Fire Extinguisher Matches in a waterproof container Feminine supplies, personal hygiene items and hand sanitizer
- ☐ Mess kits, Paper cups, plates and disposable utensils, paper towels
- ☐ Paper and pencil Books, games, puzzles or other activities for children



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The Meadows' HOA August 2025 Newsletter

The HOA's July Board Meeting was held on Thursday, July 3rd at 10 a.m. The agenda included a variety of items. Due to the audio and visual equipment now installed in the clubhouse, board meetings will be held at the homes of board members. All HOA members are still welcome to attend and speak.

HOA WHAT'S HAPPENING COFFEE: During the "season," the HOA will sponsor the fourth Wednesday of each month's What's Happening Coffee and bring in a speaker of general interest to the residents. We will resume this in October. If anyone has ideas for speakers, please let one of the board members know.

RECOMMENDATION BOOKLET: The newest booklet is available in the clubhouse. If they are out, please let Lynette Mujica know, and she'll print some more.

If our residents have any recommendations, please send them to Lynette Mujica or Connie Ausflug to include them in our next edition. Lynette will also make copies for HOA members if needed.

HOMESTEAD AND DOMICILE: The Declaration of Homestead and Domicile program is ongoing. There is no time limit for completing this, but the quicker, the better. Forms remain in the clubhouse at the HOA table in the back. If there are none, call Lynette, and she'll get a set for you. You must be a Florida resident to participate in this program. BOARD NOTES: The board voted to allocate \$3000 to upgrade resident activities for the upcoming season. This means that our Lifestyle Coordinators can use this money toward events such as bringing in outside entertainment, upgrading meals, and using it to cover activities that lower the costs to residents, enhancing the enjoyment of all our residents. If you have any suggestions, let Ray Bonello or Deb Huettner know.

Last season, the HOA donated approximately \$3000 to our Veterans Club. This board has committed to utilizing the excess funds in our treasury for the benefit of our community and its residents. We are always looking for suggestions.

A letter will be sent to management on behalf of the HOA requesting an adjustment to the gate at our trash area. Several residents have requested it be modified to close slowly and remain open until the trash has been disposed of in the compactor.

The HOA is planning a picnic for its members later this year, offering free food and prizes. Stay tuned for more information regarding this event to be held in late October or early November.

SHREDDING: We will be offering another shredding event later this fall.

MEMBERSHIP: The 2025 applications are available on the HOA table in the back of the clubhouse. You must complete an application annually (January 1st through December 31st) and pay your \$12 dues. The blue HOA box is on the wall by the workout area on the west side of the clubhouse where you can drop off your application and dues. We currently have 63 households enrolled.

BOARD MEETING: The next board meeting is tentatively scheduled for Friday, August 29th at 10 a.m. All members are invited to attend and speak on any topic on the agenda. To add an item to the agenda, please notify one of the board members at least one week prior to the meeting.

Doug Oliver, Treasurer Eldri Zahn, President Deborah Wallace, Director Lynette Mujica, Secretary 920-606-6652 Barbara Grano, Director eldrigz@netscape.net



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~ Rick Gersten



Are you on Medicare?



As we all know, Medicare coverage involves finances and personal details. Scammers attempt to contact seniors through text messages, emails, and phone calls. Save yourself the stress and hassle of falling prey to these scams by studying some of the most common methods below:

Free Genetic Testing

A very common Medicare scam involves an offer for genetic testing by recruiters. What they do is offer a "free" genetic test (sometimes under the guise of screening for a dreaded disease) but require your Medicare number for their records. However, Medicare doesn't cover free genetic testing. This practice can either lead to a surprise bill or the victim's personal details being stolen. Avoid any offers of "free" screening.

Returning Your Card

Some scammers will convince you that their old Medicare cards need to be returned and a new one will be issued. Victims will be told their current card has expired and they need to send their cards to an address, but once the cards arrive, the victim will have their personal details stolen. The truth of the matter is that expired cards never need to be returned and can be safely destroyed.

The Rebate Scam

Occasionally, you may receive a call from someone claiming to be from Medicare informing you of a rebate or refund. In order to process the rebate or refund, they state that you need to supply your personal details over the phone or by email. This rebate scam is a form of phishing and is quite common. If you're contacted out of the blue, double-check with official Medicare contact channels about any potential rebate or refund.

Don't fall for any high-pressure tactics or limited time frames that scammers might impose.

"It's not a matter of "will it happen to me." It's more of "when it will happen to you."

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Grandparent and Family Scams

Here's how they work: You get a calk "Grandma, I nead money for bail!" Or maybe as entail from someone claiming to be your brother or a friend who says they're in trouble. They need namely for a medical bill. Or some other bind of mergeoxy. The coller says it's urgent — and tells you to

But is the caller who you think it is? Scarniners are good at pretending to be someone they're not. They can be convincing commitmes using information from social materoriding sites, or hadding into your level one's entail account, all to make it seem more real. And they'll pressure you to send maney before you have time to think

Here's what to do:

- Stop. Creek it out, look up your family member's phone number yourself and call another family member to check out the story.
- Pass this information on to a friend. You may not have gotten one of these calls, but chances are, you know someone who will get one — if they haven't already.

ReportFraud.ftc.gov

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Veterans Club News

New flagpoles have been installed and flags are flying again.

Please join your friends and neighbors to support our Veterans Club!



Long May She Wave

LAND OF THE FREE BECAUSE OF THE BRAVE!

MEMORIAL BRICKS

The forms are available in the office. Please fill it out and include a check for \$30 for each brick. Then return it back to the office.

The club meets every Tuesday at 9:30 a.m.. They are currently meeting at the clubhouse game room, and at the American Legion on the second Tuesday.



All gave some; some gave all.



The Veterans Club has asked that dogs be kept out the Veterans Park. This is a special place for them and they don't want it to be used as a pets' bathroom.

The memorial bricks are not intended to be driven on. Please do not park there or use it to turn around or throw cigarette butts on the bricks.

If you see someone abusing the park, let management know. Thank you!

Thank You Meadows Residents!

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Meadows Veterans Club



Future Veterans



Meadows Veterans Club supporting future Veterans.

On August 8th members of the Veterans Club visited the JROCT at Anclote High School as they begin another school year. JROCT (*Junior Reserve Officer Training*) is a high school organization that is about developing leadership, citizenship, and personal responsibility. Many of these local young men and women have plans to continue with ROTC programs in various colleges through out the country. They are on a path to serving their country as members of the US armed forces and becoming future Veterans.

In appreciation for their future service the Veterans Club donated \$250 to help with their annual fundraiser. A small investment in the future of this Nation and these young men and women. You may soon see some of these future veterans as Color Guard for our Veterans Day Ceremony.



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Fun at The Meadows

FIFTY IS NIFTY CLUB

Have you been married for 50+ years to the same person? If so, you're welcome to join us. The club meets once a month for a nice meal.

Meet Our Nifty Fifty Members

If you've been married for over fifty years, you probably have a pretty good story. In the next issues of our newsletter, we will ask each couple to tell us how they met and were married.

Birthday Luncheon

Hosted by Joyce Martin







September Birthday Lunch @ 1 PM



Thursday September 4th
Queens Pizza & Restaurant
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Tarpon Springs

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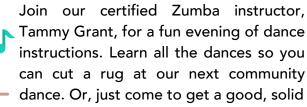
Getting Fit and Having Fun at The Meadows

WATER AEROBICS/SENIOR FITNESS

Water Aerobic classes are offered five times a week subject to weather conditions and pool availability at The Meadows.

Classes are held every Tuesday and Friday at 11am with Kathy Llyod. Kathy also teaches Senior Fitness Monday, Tuesday, Thursday, Friday and Saturday at 10:00am.

DANCE FITNESS



cardio workout. The class is every Tuesday at 6pm . Wear comfortable clothes and put on your dancin' shoes!

LEFT-RIGHT-CENTER

Left-Right-Center is scheduled for the first and third Mondays of the month at 7pm. Come early and pick your lucky seat.

YOGA

Yoga has returned on Thursdays at 11:00 am with our certified Yoga instructor, Olivia, in the clubhouse

EUCHRE

Join us every Monday in the game room at 1:00 to learn and play the game of euchre and join in on our tournaments

PICKLEBALL

Every Wednesday at 6:30pm, and every Saturday starting at 9am. We have open pickleball here at The Meadows, paddles are stored outside the pickleball court.



If you have an idea for an event, let Ray Bonello, and Deb Huettner Lifestyle Coordinators, know!

CORNHOLE



Are you looking for a fun, and easy-tolearn sport? Cornhole may just fit the bill. Each Sunday and Wednesday (new day) at 6:30pm, a group of men

get together and play. Teams are picked and if needed, they will rotate new people in.

CRAFTING

Our popular craft classes are in full swing. Classes fill quickly, so sign up early. The crafters are handling sign-up and payment individually.

All crafters have easy step by step instructions. They won't leave you behind. You'll never how good you are unless you try it.

Thanks to our craft committee, Carolyn Oliver, Debbie Wallace, Sam Kitto, Theresa Weiss, and our newest member, Donna Wilkins.

If you have any ideas for crafts, please let us know. We are always looking for new ideas!

51 INDOOR SHUFFLEBOARD

"51" Indoor Shuffleboard tournaments have resumed on the second and fourth Tuesday of the month. A big thanks goes out to Anna Ehlinger for heading this activity.

BINGO

Bingo now being held every other Sunday until September. See calendar for scheduled weeks.

MUSIC MANIA BINGO

Free to play every 2nd Thursday of the month when you win the fun begins with competitive fun games Your hosts Dan and Deb Huettner

The Meadows. A 55+ Community

Managers' Corner

Activity's Corner

In the next few weeks we will be welcoming back our snowbird neighbors and friends.

Our calendars are packed for the fall and winter months with many activities, including many new crafts and events. So we hope to see you all attend.

Just a quick reminder for those coming back, we will be in mid hurricane season, so make sure you and your home are prepared. Since your homes have been empty for weeks/months, this would also be a good time to check the batteries in your smoke detectors, flush your hot water tanks, since they have been inactive, and change your air filters.

And as always, safe travels back to your Florida homes.

THINGS TO REMEMBER:

- Please pick up your dogs' waste and dispose of it in a garage bag
 not the road, sidewalk, drains or woods.
- Electronic recycling pick-up is the first Friday of each month.
- Our lawn care service comes every other Thursday throughout the season.
- Make sure you smoke only in the designated areas and use the cigarette disposal containers provided; not on the street yards or driveways.
- Please remember if you're away for a long period of time, have someone maintain your outside beds, plants and flowers, and pick up your mail.
- If you need help pulling weeds in your beds, contact the office.
- If the compactor is not there, use the smaller one for your garbage.
- You must be 18 and over to use our workout area in the clubhouse.
- Don't leave your "floaties" at the pool - take them home each day.
- If you need help navigating our trash area, call the office to arrange for help.

Thank you for your cooperation!

Maintenance

Q: What items do <u>NOT</u> belong in the Recycle Bin?

- NO food or liquid
- NO foam cups or containers
- NO A/C filters
- NO loose plastic bags or film
- NO bagged recyclables
- NO clothing, furniture or carpet
- NO glass bottles or containers
- NO tree branches or yard waste



Mary Ann Bonello, Henry Weller, Frank Wedgeworth

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The Meadows











If you're looking for a new or pre-owned home in The Meadows, contact Alexis. She and her driver, Apollo the Wonder Dog, would be happy to drive you around and show you what she has to offer.





Alexis Karvelas-Molnar

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